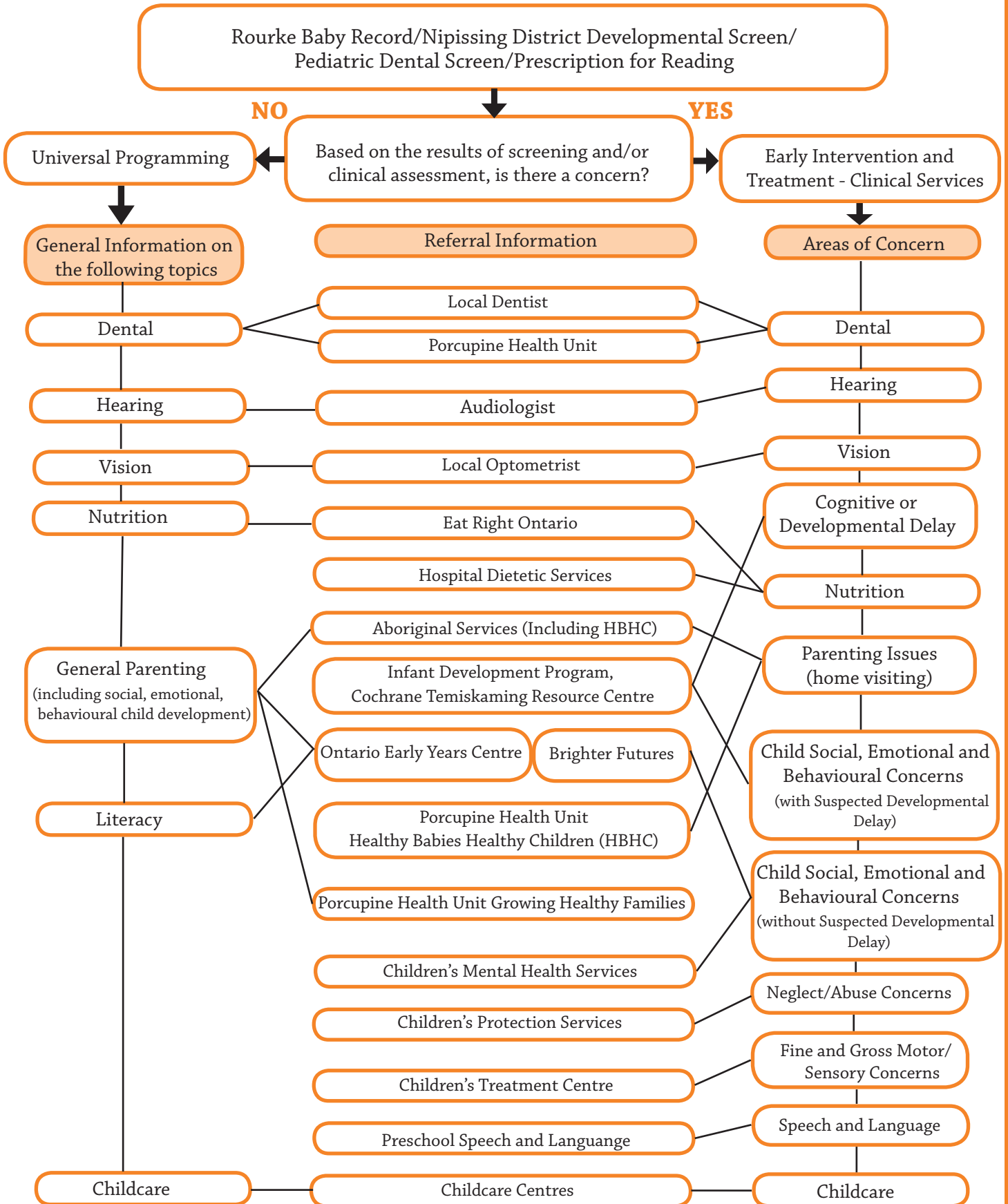


ENHANCED 18-MONTH WELL-BABY VISIT

Referral Pathway for the Cochrane District



Information on Community Agencies

Local Dentists

Consult municipality list of dentists

Porcupine Health Unit Low Income Dental Programs ~ www.porcupinehu.on.ca/dental

Dental Services staff provides oral health education, along with services to children and youth in the community. Financial assistance for children and youth (17 and under) who are in need of dental care is available through the CINOT (Children In Need Of Treatment) program and Healthy Smiles Ontario.

169 Pine St. S.
Timmins
705-267-1181

58 A Anson Dr.
Iroquois Falls
705-258-2247

Bingham Memorial Hospital
507 Eighth Ave.
Matheson
705-273-2954

Minto Centre
233 8th St.
Cochrane
705-272-2654

Hearst Medical Centre
1403 Edward St.
Hearst
705-362-2294

4 Ash St.
Kapuskasing
705-335-6101

141 5th, St.
Smooth Rock Falls
705-338-2654

38 Revillion Rd.
Moosonee
705-336-2294

Audiologist

Audiologist can provide Hearing Assessments, Hearing Aid Evaluations, Hearing Aid Sales and Services and Assistive Listening Devices.

DB Hearing Clinic
403-273 Third Ave.
Timmins
705-268-6698

Northern Ontario Audiology Services
(Travel to Kapuskasing weekly)
206-85 Pine St. S.
Timmins
705-267-1472

Ethier Hearing Clinic
1559-700 Ross Ave. E.
Timmins
705-360-6680

Local Optometrist

Consult municipality list of optometrists

Eat Right Ontario

EatRight Ontario provides advice on daily food choices. This service provides easy-to-use nutrition information from Registered Dietitians to make healthier food choices easier.

www.Ontario.ca/EatRight
1-877-510-5102

Information on Community Agencies Continued....

Hospital Dietetic Services

Dietitians will accept referrals for one to one dietetic services **for clients who would otherwise not have access to a dietitian.**

Bingham Memorial Hospital
507 Eighth Ave.
Matheson
705-273-2424, x 3316

Lady Minto Hospital
241 8th St.
Cochrane
705-272-7200, x 3316

Anson General Hospital
58 Anson Drive
Iroquois Falls
705-258-3911, x 3316

Aboriginal Services

Métis Nation of Ontario

Home visiting program to provide support to families with children 0-6 years, to give parents and children the best possible start. Includes prenatal teaching and support, breastfeeding support, screening and assessment, parenting and community partners. Able to provide services to the whole family with a child 0-6 years old e.g. siblings over 6 years, live-in extended family members such as grandparents. Clothing bank.

347 Spruce St. S.
Timmins
705-264-3939

Native Friendship Centres

Provide education and socially orientated programs for all people of Aboriginal ancestry. Offer prenatal, child and family programs.

Timmins Native Friendship Centre
316 Spruce St. S.
Timmins
705-268-6262

Inniew Friendship Centre
190 Third Ave.
Cochrane
705-272-4497

Moosonee Native Friendship Centre
31 Ferguson Rd.
Moosonee
705-336-2808

Kapuskasing Friendship Centre
45 Murdoch St.
Kapuskasing
705-337-1935

Infant Development Program (Cochrane Temiskaming Resource Centre)~www.ctrc.on.ca

The Infant Development Program offers services to families of infants and children from birth to 5 years of age who may have delays or are at risk for delays in development. We offer:

- Developmental assessments and screens in all areas of development (including speech and motor) but with particular focus on cognitive, adaptive, social, emotional and behavioural development
- Play based programming to foster development
- In home visits by a Developmental Consultant
- Service Coordination and referrals to other services
- School transitional planning
- Individual/group support and education

Information on Community Agencies Continued....

600 Toke St.

Timmins

(Covering the City of Timmins)

705-267-8181

140 - 3rd. St.

Cochrane

(Covering Cochrane, Iroquois Falls,
Smooth Rock Falls & Moosonee)

705-272-2917

7 Aurora St.

Kapuskasing

(Covering Kapuskasing &
Hearst)

705-335-8300

Ontario Early Years Centre

Family Friendly Places where parents and caregivers can:

- take part with their young children in a range of parenting education programs and early learning activities
- get answers to questions and parent concerns
- get information about programs and services that are available for young children and their families
- talk to early years professionals, as well as other parents and caregivers in the community.

Brighter Futures

Support and prevention program aiming to help high risk families (prenatal support, breastfeeding, parenting, workshops, collective kitchen, nutrition etc.). Services can be accessed at the center.

701 Ross Ave. E.

Timmins

705-360-7100 ext. 5906

239 Church St.

Iroquois Falls

705-232-5551

352 B Second St.

Matheson

705-273-2131

435 -10th Ave.

Cochrane

705-272-6452

1100 Edward St.

Hearst

705-372-2445

3 Summers St.

Kapuskasing

705-335-6331

105 2nd Ave.

Smooth Rock Falls

705-338-2800

24 First Ave.

Moosonee

705-336-2913 x2913 ext 5619

Call for more information

Ramore

705-273-2131

Porcupine Health Unit ~ www.porcupinehu.on.ca

Healthy Babies Healthy Children

A prevention/early intervention home visiting program designed to help families promote healthy child development and help children reach their full potential.

Growing Healthy Families

Parenting services may include telephone support, clinic visits or parenting seminars.

Porcupine Health Unit Locations

169 Pine St. S.

Timmins

705-267-1181

58A Anson Dr.

Iroquois Falls

705-258-2247

Bingham Memorial Hospital

507 Eighth Ave.

Matheson

705-273-2954

Information on Community Agencies Continued....

Minto Centre
233 8th St.
Cochrane
705-272-3394

Hearst Medical Centre
1403 Edward St
Hearst
705-362-4854

4 Ash St.
Kapuskasing
705-335-6101

141 5th St.
Smooth Rock Falls
705-338-2654

38 Revillion Rd.
Moosonee
705-336-2294

Children's Mental Health Services/Children's Protection Services

There is a wide range of programs and services offered to children, youth and families of this community and area.

Child and Family Services of Timmins and District

707 Ross Ave. E.
Timmins
705-360-7100

457 Zealand Ave.
Iroquois Falls
705-232-7000

Payukotayno Family Services

50 Bay Rd.
Moosonee
705-336-2229

Jeanne Sauvé Family Services

29 Mundy Ave.
Kapuskasing
705-335-2445

102 2nd Ave.
Smooth Rock Falls
705-338-2366

Cochrane Temiskaming Children's Treatment Centre ~ www.nt.net/~children

The Centre is committed to providing quality Family Centered Programs and Services to Children, ages birth to nineteen years of age who have physical disabilities, motor, and/or perceptual based difficulties, interfering with the Child's development. Current services include Physical Therapy, Occupational Therapy and Speech Language Pathology as well as specialized programs.

733 Ross Ave. E.
Timmins (Covering North Cochrane & South Cochrane)
705-264-4700
1-800-575-3210

Preschool Speech and Language~ www.porcupinehu.on.ca/Preschool_Speech

This program provides services to all preschool children (birth to entry into Senior Kindergarten). Assessment and a range of intervention services are provided to help children develop their communication skills and to give them the best opportunity for healthy development.

273 3rd Ave, Suite 103
Timmins
705-267-1181
1-877-442-1212 x11

Information on Community Agencies Continued....

Childcare Centres

ABC Early Childhood
Education Centre - Timmins
686 College St.
Timmins
705-267-2221

South Porcupine ABC Early Childhood
Education Centre (Main Site)
88 Moore St.
South Porcupine
705-235-2424

Bambi's Castle (Main Site)
571 Pine St. N.
Timmins
705-268-6601

Garderie Clin d'oeil
Site 1
341 Theriault Blvd.
Timmins
705-268-7690

Garderie Clin d'oeil
Site 2
896 Riverside Dr.
Timmins
705-268-1172

Garderie Clin d'oeil
Site 3
88 Rae St. S.
Timmins
705-268-6353

Garderie Clin d'oeil
Site 4
59 Sterling Ave E.
Timmins
705-268-7690

Kids Aventure Centre
56 Father Costello Dr.
Schumacher
705-264-0008

Northern Treasure Lisenced
Home Child Care
500 Algonquin Blvd. E.
Timmins
705-268-7722 Ext. 275

Precious Children Day Care
98 Mountjoy St. S.
Timmins
705-268-7233

Timmins Native Friendship Centre
316 Spruce St. S.
Timmins
705-268-6111

Timmins YMCA (Main Site)
376 Popular Ave.
Timmins
705-360-4381

Tanie's Tots Day Care Centre
59 Main St.
Iroquois Falls
705-232-5302

Cochrane Child Care Centre
435 - 8th St.
Cochrane
705-272-4812

Garde d'enfants de Cochrane
399 8th St.
Cochrane
705-272-4393

Garderie Bouts de Chou (Main Site)
1100 Edward St.
Hearst
705-372-2810

Kiddies Korner Day Care (Main Site)
100 Riverside Dr.
Kapuskasing
705-335-8000

Northern Lights Tikinagan
Day Care
24 First Ave.
Moosonee
705-336-2913 ext 5623

Helpful Websites

18monthvisit.ca

A web portal which is the result of a collaborative effort between several organizations including the Ontario College of Family Physicians, McMaster University, the Oxford Centre for Child Studies, the Ontario Ministries of Children and Youth Services, Health and Long Term Care, Health Promotion and leaders in the field of child development.

taapp.ca

Timmins and Area Parenting Portal is a web portal which is the result of a collaborative effort between several organizations in the Timmins, Iroquois Falls and Matheson areas. This portal presents information about current parenting programs offered in these areas.

transitionservices.ca

Timmins Transition Services website is a web portal that presents transition strategies for children, youth and adults with special needs residing in the Timmins area.